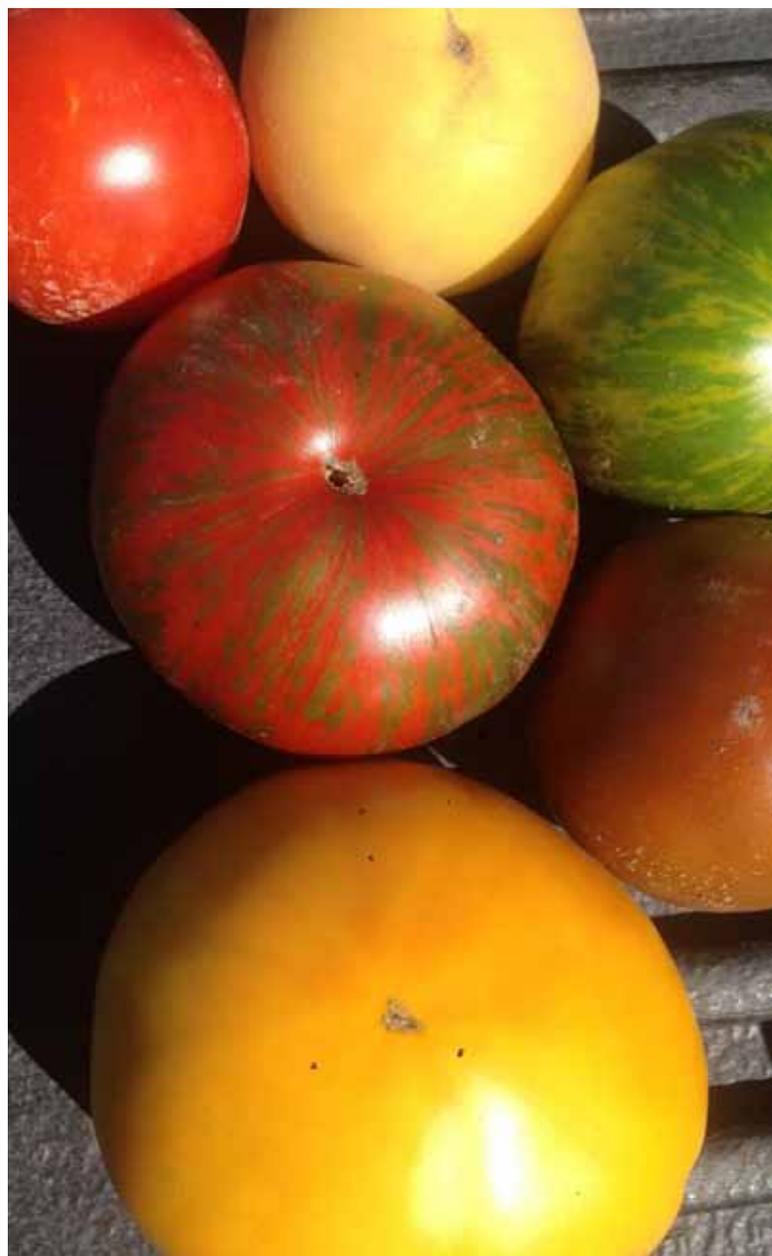


# CEDAR HEDGE Farm

2021 Annual

Vegetable Seeding Catalogue



# FLOWERS

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*We have grown a few flowers to use as companion plantings. Most, if not all, are pollinator friendly and some will attract predator bugs.*

*As an off the grid eco friendly farm you never have to worry about neonics when you're buying from a small organic farm such as ours.*



## **PERSIAN CARPET ZINNIA**

Stunning gold, red, chocolate, orange, and cream. Many of the 2-inch double flowers are bi-colored.

Will attract bees during their growing season, as well as attracting predator bugs.

## **SNAPDRAGONS - RAINBOW MIX**

Are a beautiful, traditional garden favourite that have been selected for their colour richness: from the palest to the deepest pinks, coral, blood-red, and yellow. Expect some bi-coloured flowers as well. The 60cm (24") tall stems make superb, long lasting cut flowers, and bring an intense burst of colour into flower arrangements. The stems of this old fashioned mix are sturdy, with very upright growth and uniform flowering.

Bee and insect pollination

## **SWISS GIANT PANSY MIX**

The classic heirloom Swiss Giants Mix Pansy seeds blend has single colours with blotched faces and some bicolours, with flowers held high above the leaves. Technically a perennial, this plant is usually grown as a cold hardy annual that will bloom in mild climates from October through to May from a late summer sowing. Swiss Giant Pansies grow to about 20cm (8") tall, with a really beautiful range of warm colours and markings that seem to lend the flowers even more personality.

## **NASTURTIIUM**

This is an easy-to-grow compact nasturtium for gardens and planters. Jewel Mix produces colourful double blooms of light yellow, orange and deep red. A hardy annual, Jewel Mix will flower all summer long in full sun or partial shade. The bright flowers produced by Jewel Mix nasturtium seeds are held well above the foliage for an impressive colour display. Even before the plants bloom, the foliage is very decorative. The edible flowers can be torn over salads to add colour to summer meals. Nasturtiums are known to be attractive to bumblebees as a source of both pollen and nectar

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## MARIGOLDS

As a companion plant, Marigolds are the variety that will suppress 'bad' nematodes in your soil. Be sure to plant around the vegetable garden! They can also be used as a cover crop for weed suppression. Plant these marigold seeds in full sun, and deadhead (remove spent flowers) to prolong the bloom period. Marigolds and other plants draw beneficial insects that prey on pests or pollinate crops

## ~~MEXICAN TORCH~~ **SOLD OUT**

Mexican Torch seeds produce exceedingly bright orange flowers atop massive plants that grow to 1.8m (6') in just a few months. Tithonia does not produce edible flowers, and is not a true sunflower. Grown in large containers (3-5 gallons minimum), plants will stay more compact, growing only to 60cm (24") tall. Tithonia is highly attractive to pollinators, including hummingbirds, and looks great when planted in big clumps or rows. The seeds are easy to collect and dry for future planting, and the massive stalks from the plants can be used for trellising peas or pole beans the following year. From personal experience - We have planted these for pollinators and the monarch seems to love them.

## TANSY

Fern-like, aromatic leaves, with a fragrance reminiscent of camphor and rosemary. Mature plants produce heads of attractive yellow button-like flowers, interesting when grown at the back of an herb border. Dried tansy has historically been used to repel insects like moths and ants;

Tansy is particularly attractive to honeybees. Be cautious where you plant tansy as it is quite toxic to many animals.

## OLD-FASHIONED VINING PETUNIA

(Petunia multiflora) Annual. This lovely heirloom petunia offers a variety of colour and, unlike most modern hybrids, is wonderfully fragrant! Continual blooms range from white to deep violet and vining stems may reach 3ft. Great for hanging baskets or planted for edging in the garden.

This little catalogue is some of the seedlings we will have for you to plant in your garden. This year due to the COVID issues we have included some of the varieties that we would normally only have at the Farmers Markets or at the Farm. These are varieties that are in short supply or need a bit more description than we can provide here.

**Please note:** *With limited space in the greenhouse we can only grow so much. To make sure you get the heritage plants you want, order early.*

**NOTE: if the COVID issue continues we may be doing home deliveries or local pick up times and locations. All orders are filled on a first come first served basis.**

We started the Farm in 2013 by buying a field and putting up a little greenhouse. That first greenhouse is gone (a long by-law story) but still lives on in some of the other buildings. We started this catalogue as a list for friends of extra plants. We now plant extra for the farmers market we attend and have had people disappointed because they couldn't get what they wanted (from what we grow) so that group that gave us their e-mail address will now be able to get access before we get to market.

# TOMATOES

## *Cherry*

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*Tomatoes let me count the varieties... there are literally 100's of heirloom and open pollinated tomato plants. This year we will be growing over 30 varieties; some we keep and some we move on from for a variety of reasons. With that many varieties we have divided them up into basic categories.*



### **SNOW-WHITE CHERRY**

A delicious light yellow to ivory cherry tomato. Snow-white Cherry is very productive and produces buckets of sweet cherry tomatoes all summer long. Snow-white Cherry looks great mixed with Black Cherry Tomatoes! A must have.

### **GOLDEN CHERRY**

Golden Cherry is a very productive, bushy cherry tomato variety that needs a sturdy support to thrive. The little round, cherry-sized tomatoes ripen from green to yellow and in the end turn golden-yellow. The fruits have a delicious, sweet flavour and a thin skin.

### **PURPLE BUMBLEBEE**

Super cute cherry tomatoes with red skins and purple stripes. The sweet round fruits have excellent flavour and grow to a uniform 4cm (1.5") across. They hang in long trusses from tall indeterminate vines.

### **SUNRISE BUMBLEBEE**

Sunrise has orange skins that are streaked with bright gold and a sweet flavour. The texture is succulent and the small cherry fruits are resistant to cracking. The Bumble Bee series will work in a 5 gallon (or larger) container. Keep the vines well picked so they produce right through late summer. Provide strong support for the vigorous plants to lean on.

### **CHADWICK CHERRY**

We have been growing these since 2013. These tomatoes are sweet, juicy and prolific. I find the (1.5") round fruits to be a medium to large cherry tomatoes. Popping them in your mouth while picking will happen but there will still be lots for salads.

### **PETIE MOINEAU**

A red currant type tomato with clusters of tiny red fruit that are very sweet. This precious little gem has been cultivated in the Chateauguay region of Quebec since at least the 1950

### **BLUE BERRIES RED**

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich brick-red where exposed to the sun and purple where shaded. With a mild, sweet taste.

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**BLUE BERRIES CREAM**

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich cream where exposed to the sun and purple where shaded. With a mild, sweet taste

**BLACK CHERRY**

Black Cherry tomato seeds produce hardy, vigorous vines loaded with gorgeous purple to mahogany brown cherry tomatoes 2.5 cm (1") round. Enjoy prolific yields all season long! Rich, juicy cherry tomatoes with wonderfully complex, sweet flavour and firm texture. The little fruits of this variety look exotic and taste irresistibly delicious. A great snacking tomato, excellent in bruschetta.

**TONODOSE DES CONDRES**

A rare and endangered heirloom cherry tomato from France. Bright red fruit have an orange tinge inside and a long, strong, lingering flavour.

**BRAD'S ATOMIC GRAPE TOMATO**

Elongated, large cherries in clusters. The color (and flavor!) is a full-blown assault on the senses—lavender and purple stripes, turning to technicolour olive-green, red, and brown/blue stripes when fully ripe. Olive green interior is blushed with red when dead-ripe. Crack-resistant fruit is extraordinarily sweet! These range some in size from a large grape to plum-sized.

**BROAD RIPPLE YELLOW CURRANT**

We love this variety and are hoping to be able to offer it again this year. Our supplier closed but luckily I had a few in the freezer and I hope I was able to recover the seeds. Discovered in the early 1900's, this delightful, bright yellow cherry tomato was originally found growing in a crack in a street in Broad Ripple, Indiana. I find this is a great producer even in the worst conditions, we normally grow bush style plants but I know there are great on trellis or in container. The small tomatoes are great right off the plant, little yellow drops of sweet sunshine, it's a good thing they are such a strong producer as I eat so many right in the field.



# TOMATOES

## *Salad and Small Slicing* —



### **GREEN GAGE**

Named after the green gage plum, we grew them for the first time in 2014. About the size of a plum and sweet. As with other yellow tomatoes they seem to be less acidic.

### **PINK PING PONG**

An large heirloom cherry tomato originally from Andrew Rahrart, an avid grower who collected many heirloom varieties from ethnic groups just north of New York City. The unique colored pink fruit are about the size of a pink pong ball and are great for snacking or adding to salad. Indeterminate, regular leaf foliage.

### **VINTAGE WINE**

The large fruit is an elegant pastel pink with gold striping on the skin. A perfect blend of gourmet flavor and good keeping quality makes this potato leaf variety a top for home gardeners and market farmers alike!



### **GREEN ZEBRA**

This tomato is named for its shades of yellow & green, with darker green stripes. The flavour is a sweet yet tart balance of sugar and acid. A midsized tomato that I found great for slicing, salads and cooking.

### **WHITE ZEBRA**

Unique white fruit with yellow and green stripes. This makes a great addition to salads. Indeterminate, regular leaf foliage.



### **MONEY MAKER**

This old English heirloom greenhouse tomato was bred by the F Stoner See Company and released in 1913. It has a uniform set of 4-5 oz round red tomatoes in small clusters with good taste. Although originally developed for greenhouse culture it has done well for me outside in the garden too.



### **CHARLIE'S RED STAKER**

This tomato was developed by Dr. Charles Walkof of the Morden Research Station. This Manitoba bred tomato has medium size blemish free red fruit and are good for slicing. Indeterminate, regular leaf foliage.

### **HARBINGER**

Harbinger Tomato Seed. An old English variety that was introduced in 1910. Extremely productive plants are loaded with small to medium size red tomatoes with good taste. Tolerates cool weather well. Indeterminate.

### **WHITE POTATO LEAF**

White Potato Leaf is a very nice creamy white tomato with 3-6 oz fruit that is also very productive. A nice addition to salad. Indeterminate, potato leaf foliage.

### **NYAGOUS**

A Russian heirloom with dark colored 6 oz fruit usually born in clusters. This is one of the best "black" tomatoes for markets. The fruit are blemish free and have good flavor. Indeterminate, regular leaf foliage.



## **Don't have space to grow all your own food?**

We have a self directed Box Program. This means our farm is your Garden. Simply: each week we tell you what is ready and you tell us what you want.

Want more info about the program talk to the farmer Hey that me, drop me a note at [Chris@cedarhedgefarm.ca](mailto:Chris@cedarhedgefarm.ca) and I be happy to explain how it works.

P.S. There are somethings that we only grow for our Members.



# TOMATOES

## *Large Slicing*



### **MARIZOL GOLD**

This is a beautiful family heirloom produces Huge, 1-2 lb fruits are golden yellow streaked with red throughout and are very sweet. Our grower loves them for roasting and creating a beautiful golden tomato sauce. The yield is quite good for a large tomato.

### **ORANGE STRAWBERRY**

Brilliant orange, ox- heart fruits that's almost perfect heart shape. The flavor of the meaty fruits is robust, complex and surprisingly tart for an orange variety. Few seeds and solid flesh make this variety good for canning or sauce.



### **CHEROKEE PURPLE**

Seed was originally grown by the Cherokee Indians, this wonderful heirloom is more than 100 years old. The seed for Cherokee Purple was sent to Craig LeHoullier by John D. Green of Sevierville, Tennessee. John D. Green received the seed from a lady who obtained them from her neighbor who claimed that they were originally grown by the Cherokee Indians. The fruit of Cherokee Purple is a dark purplish pink color and often has green shoulders. The large fruit average 12 oz and are delicious.

### **EARL OF EDGECOMBE**

This heirloom from New Zealand is one of the best tasting full size orange tomatoes we've grown. The flavour is rich, sweet and tart all at once. The texture is smooth and meaty. Fruits are uniformly round, blemish free and resistant to cracking and blossom end rot. This is an English heirloom dating back to the seventh earl of Edgecombe. When the 6th earl of Edgecombe died the next in line was a sheep farmer in New Zealand. When he returned to claim the title, this tomato traveled with him. Indeterminate.

### **BOX CAR WILLIE**

A really nice mid to large tomato with an old fashioned taste. Red fruit average about 1 lb and are quite blemish free. Great for tomato sandwiches! This is one we have grown to love we looked at the name in the seed catalogue for a couple of years before we started growing this but we are sure glad we did.



**BEAR CLAW**

This is one of the new varieties - Somewhat flattened these huge tomatoes are pink inside and have a old-timey, strong tomato taste with low acid. A great tomato for sandwiches, with just one slice of tomato needed! Large fruit appear fairly early in the season, and then the fruit keeps coming larger and larger. They finally get so large that the branches droop even with only one fruit on it!

**FEURERWERK – RED ZEBRA**

This tomato comes from Germany and translates to “firework”. It has a very interesting appearance, with orange, gold, silver, and red stripes exploding together like fireworks. The flavor is fruity and tart. A good choice if you would like to try something new.

**ORANGE RUSSIAN 117**

One of the few bicolor ox heart tomatoes available. Large gorgeous fruit have golden flesh with red marbling. Great for slicing or in salads.

**ITALIAN HEIRLOOM**

This all purpose Italian heirloom tomato is great for eating fresh, canning, or salsa. The fruit are easy to peel and have great taste. The abundance of luscious red 1 lb fruit will amaze you.



## *Sauce*

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**SAN MARZANO**

This rare heirloom is famous for its incredible flavour. The lobed fruits look like long, blocky red peppers with firm pulp and thick skins. They are perfect for canning or making pastes and sauces. The vines are vigorous and indeterminate, with excellent disease resistance.

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# PEPPERS

## *Sweet*

*Ahh peppers! Another vegetable from my youth that I loved growing. One of the big surprises for me was cross pollination. The seed is the fertilized egg and, in most cases, it won't affect the flavour of the current fruit. The fruit/flesh is really just a casing to help the seed to make/protect the new plant. With peppers, when you get cross pollination between Hot and Sweet the seeds of the fruit on a sweet pepper plant can be hot. Ideally pepper plants need to be 50 feet apart to make sure you don't get cross pollination.*



### **SHEEPNOSE PIMENTO**

Gorgeous cheese-type sweet pepper, ripening from green to red. The fruit is round, oblate, and stylishly ribbed—so pretty in the garden or on your table! Thick walled, crisp and juicy fruits keep an extraordinarily long time when refrigerated. I remember my mother using these when we made tomato sauce. I find them very nice fresh and they can also be made into a pimento pepper sauce.

### **ZULU**

This one is from Baker Creek: It did well in 2020 even in the drought conditions.

“This impressively ‘eggplant black’ colored bell pepper is crisp with thin flesh. It has an amazing piquant aftertaste of spicy zip minus the nip of a hot pepper, and this sweet pepper is sure to please even the toughest critic! Zulu pepper would be a great addition to salsa and salads. A beautiful pepper from Poland.”

### **LIP STICK**

This pepper came to us as a gift from the seed company in 2019. The results were so good we have put it into our annual list. A delicious pepper with 4-inch long tapered, pimiento type fruit that is super sweet. This fine pepper is early and ripens well in the North. A flavorful favourite with thick, red flesh.

### **ORANGE BELL**

This is new for us this year. We have had request for coloured bell peppers. The seed catalogue says “Super sweet, brilliant orange fruit is blocky and good-sized with thick flesh that is flavorful and among the best tasting of all peppers. Plants produce large yields of this most magnificent pepper.” we will see...

### **LUIGI - A FAMILY HEIRLOOM**

The family calls them Luigi pepper. They are similar to a cubanelle/Shepard. The story behind these is that my Grandmother's (Mumma as I knew her) nephew Luigi brought the seeds over from Italy to my grandfather (Papa) in the early 1950s. I'm look forward to carry on this family tradition each year. The plant produces a good number of 6-7 inch long blocky light green peppers that will turn red. Great for stuffing or slicing into a salad.

### **CALIFORNIA WONDER**

California Wonder bears heavy, smooth-skinned, thick-walled, blocky peppers on vigorous 45-60cm (18-24") tall plants. Peppers are 4-lobed and start out light green, turning dark green, but with enough heat they'll turn a lovely red.

### **SWEET CHOCOLATE**

Rich, chocolate-brown pepper, the flesh is cola-red color, very sweet and delicious. The medium-sized semi-bell-shaped fruit ripens very early, making this variety perfect for our climate Great in salads.

### **PURPLE BEAUTY**

A compact, bushy plants with thick protective foliage. The fruits begin to form mid-summer, starting as big, blocky, meaty three to four lobed green bell peppers, before maturing to an astonishing bright purple colour. Purple Beauty was grown out from the original hybrid Purple Belle, and now produces open pollinated seeds for seed saving and home seed production. The flavour of these remarkable fruits is mild, sweet, and succulent, with a fine, crispy texture. The cut fruits look absolutely spectacular mixed with yellow or orange peppers, so they belong in every foodie's garden.

### **STOCKY RED ROASTER**

**from Hawthorn Farm Organic seeds** Rich red Italian pepper with sweet flavour and thick flesh. Perfect for roasting and quite easy to peel afterwards. This beauty is the genius of Frank Morton at Wild Garden Seeds. Frank selected for straight uncrumpled sides, smooth skin, thick walls and deep colour and the result is high yields and great quality. Strong plants bear a heavy crop of 15 to 18 cm long tapered fruits that are 7-8 cm at the shoulder. It is the last pepper to ripen in our zone 5 fields and we look forward to it for end of summer roasted pepper and caper salads.



### **SHISHITO**

They may be the perfect bite-sized pepper for blistering under the broiler and serving with a sauce. The 60cm (24") tall plants produced buckets of slender, mild peppers in our field trials. And they kept producing into October. Tasty at the green stage, it matures first to orange and then to deep red when its sugars are the highest. Its thin walls make it ideal for tempura or roasting. We like to call them the Russian roulette of peppers as 1 in 8 are hot – not as hot as a jalapeno but hot enough

# PEPPERS

## *Hot*



### **LONG CAYENNE**

Traditional long, thin Cayenne pepper that turns from green to red when mature. Can be dried or used fresh. I grew up with these hanging dried in the kitchen, using them for spicing up tomato sauce and occasionally fresh on pizza.

### **EARLY JALAPEÑO**

Jalapeno M Pepper Seeds produce pungent, thick-walled and juicy dark green peppers that are 8cm (3") long and about 2cm (1") wide with a blunt end. On the coast, fruits set well on mid-sized plants 60-90cm (24-36") tall. If there are still green peppers on the plant at the end of the season, pull up the whole plant and hang in a dry spot for it to finish ripening to red. Use green peppers for fresh eating, pickling, and sauces, and dry the red ones. 2,000 – 5,000 SHU's. Jalapeno M works well in three to five gallon containers, and is suitable for patio growing.

### **SCOTCH BONNET**

**SPICY HOT!** Capsicum Chinese. So named because of its resemblance to a Tam o' Shanter Scottish cap, this little pepper packs a rather powerful kick. Scotch Bonnet pepper seeds produce the brightly coloured chili peppers that are widely used in Jamaican and other Caribbean cooking, and have a flavour profile that is quite distinct from its close cousin the Habanero. If you want the traditional flavour of jerk paste, you have to use Scotch Bonnets. Give this variety a little extra time to mature and as much heat as possible. 150,000 – 325,000 SHUs. Plants may overwinter if protected, and can produce as perennials for a few years.

### **BLACK HUNGARIAN**

(70 - 80 days) A beautiful Hungarian heirloom that is highly ornamental, with its purple-veined foliage, purple flowers and 3-4" fruits that start out black and ripen to red. Plants grow to 36". Medium-hot, great flavour. I like these both for their colour and flavour. As a medium hot pepper, they are a great addition to a give any salad a little kick.

### BUENA MULATA

A chameleon-like pepper that undergoes color changes during ripening; violet to pinkish-flesh color, then orange changing to brown, and eventually to a deep red. The long, round pods reach 6 to 7 inches in length and undergo a unique flavor change as they ripen, with the reds being more sweet and meatier than the violet.

### FATALII

The Fatalii is a cultivar of the chilli pepper *Capsicum chinense* developed in southern or central Africa from chilies introduced from the Americas. It is described as having a fruity, citrus flavor with a searing heat comparable to the habanero, to which it is related and from which it may have derived. Scoville scale: 125,000–325,000 SHU

### HABANERO

The Habanero is a hot variety of chili pepper. Unripe habaneros are green, and they color as they mature. These ripen to red, with the fruit being 2–6 cm (0.8–2.4 in) long. Habanero chili's are very hot, rated 100,000–350,000 on the Scoville scale.[2] The habanero's heat, flavor and floral aroma make it a popular ingredient in hot sauces and other spicy foods.

### PUMA ~~SOLD OUT~~

The 2.5-3 inch long fruits have brushstrokes of tangerine and violet and are bursting with habanero level heat. An edible ornamental pepper of epic proportions, the handsome foliage and stems are a forest green tinged with deep purple. Our top choice for edible landscaping and hot sauce making! 300,000 – 400,000 SHU.



So what do you do with all those hot peppers?

**MAKE HOT SAUSE!**

# EGG PLANT

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*Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.*



## **BLACK BEAUTY EGGPLANT**

A Deep purple variety that produces larger fruits. This is the standard style you will find in the local grocery store. This has a wonderful flavour and stores well. This plant will continue to produce well if picked regularly.

## **BANCA ROSA EGGPLANT**

A beautiful Italian heirloom, this variety produces rounded, lavender/white fruit that is very meaty with a nice mild flavour and no bitterness. Pick when 6-8”.

## **LITTLE FINGER EGGPLANT**

This delightful eggplant produces an abundant amount of slim, dark purple fruit in clusters of three or more. They can be harvested when no longer than your little finger (hence the name) or they can be left to grow to 6-8” with no sacrifice in taste. These are great for stir-frying or grilling.

## **CASPER EGGPLANT**

Medium size, very attractive, smooth ivory-white fruit that have a very mild mushroom-like flavor. Prolific plant. Fruit ripens early. An excellent variety for specialty growers and gardeners.

## **PINGTUNG**

Long, slender Asian-type eggplant has shiny lavender skin that is so tender it doesn't require peeling. The creamy flesh has good flavour and is mild, rarely bitter. Plants are heavy producers of 30 cm. long and 3-4 cm. diameter fruits. Our 2010 crop outproduced any other eggplant we have grown. Named for its city of origin, Pingtung, in Taiwan.

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# SPECIAL

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## **TOMATILLO**

Purple Tomatillo - A rare tomatillo that turns purple when ripe. The purple types are sweeter than green tomatillos. The small tomato like fruit are enclosed in a papery husk that is easy to remove prior to cooking. The purple fruit store very well after harvest. Used in traditional Mexican salsas. Delicious.

## **AUNT MOLLY GROUND CHERRY**

This is becoming a staple at the farm, it's a great producer and the fruit is sweet and flavourful. It's an interesting fruit that proves the benefits of ripening on the vine. When this little fruit is ready it's husk will turn a white/beige and fall off the plant, then you just gently lift the plant and pull out the little patio lanterns. It's great in salads, in desserts, on its own, or in preserves

## **LUFFA GOURD**

A natural dishcloth. Many people prefer this as a dishcloth. The fruit grows about 2 feet, and the vine is very ornamental, producing clusters of yellow blossoms, in pleasing contrast with the silvery-shaded, dark green foliage.



# CUCUMBERS

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*The cucurbit family is one I will always fondly remember. There is nothing like just picking a cuc off the plant brushing the dirt off on your shirt and biting in. I remember a time as a kid (I hope Uncle Johny doesn't read this) my cousins and I spent an afternoon in the field eating watermelon and carving pumpkins – we ate a lot, hey it was a hot day! These can be finicky when it comes to transplanting though so a couple of things to remember: 1. Do your best to not disturb the roots when transplanting and 2. Make sure they get enough water - the soil should be damp but not soaking wet.*



## MARKETMORE 76 CUCUMBER

Marketmore 76 cucumber seeds yield a smooth, refined, dark-green slicer with a crisp crunch and sweet flavour (makes great pickles). This is an early maturing cucumber that grows to 20-23cm (8-9”) long with slightly shorter vines than other varieties so you can space them more densely and get a higher yield in a small garden.

## LEMON CUCUMBER

Round and yellow, this tennis ball-sized cucumber is a perfect serving for one or two people. Lemon cucumber does not have a lemon taste, only color, but has a thin, tender skin with a flavor a little milder than a regular cucumber's. One great advantage to this cuke is that you can eat it all at one sitting.

## SHINTOKIWA CUCUMBER

We were really impressed with this long, slender, smooth skinned cucumber from Japan. 24-30 cm fruit are crisp and flavourful with no bitterness. Did I mention productive? Trellis the plants for buckets of really straight fruit or let them sprawl on the ground for what you might call artistic-shaped fruit. Harvest when slender for the best flavor and texture.

## TELEGRAPH IMPROVED

The English cucumber is longer (up to 18”) and thinner than traditional cucumbers, with very small, soft seeds. ‘Telegraph Improved’ was developed in the 1800s for growing in greenhouses, but is now a favorite of home gardeners for the long, thin-skinned, burpless fruits that add a cool, mild flavor and a snappy crunch to salads and sandwiches. Cucumbers develop best when grown on a trellis and get regular moisture while fruits are forming.

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## SQUASH

### *Winter*

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#### **BUTTERNUT SQUASH**

This variety, introduced in 1970, is a heavy producer with 9 - 10" long, buff-coloured fruit. An AAS winner, it has excellent flavour, and stores well.

#### **ACORN SQUASH**

This compact bush form of Table Queen acorn squash is great for small spaces. The fruits are small, 1-2 lb., dark green and deeply-ribbed exterior with a golden-yellow interior.

#### **SMALL SUGAR PUMPKIN**

An old favourite for canning and making pumpkin pies. Fruits are about 7 lbs, wonderfully sweet. Flesh is fine-grained.



## SQUASH

### *Summer*

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#### **VEGETABLE MARROW**

It can be picked young when pale green and used like a summer squash. The compact size of the plants will appeal to urban growers, or gardeners with limited space. Plants are prolific and will produce over a long summer season if kept picked. This is the traditional vegetable marrow that is so popular in the UK.

#### **GOLDEN ZUCCHINI**

It is a compact bush type plant that is perfect for those with limited space in their gardens. It is a prolific producer of dazzling gold zucchinis that can grow over 10", but are tastiest when eaten at this size or smaller. Frequent harvesting of small fruits encourages more fruit to grow.

#### **DARK GREEN ZUCCHINI**

A most popular and versatile squash. This cylindrical fruit 15-18 cm (6-7") in length is very easy to grow. The creamy white flesh is firm, flavorful, and terrific for baking nutritious cakes, breads, or muffins. Also great raw and sautéed. Even the flowers are edible!



#### **RONDE DE NICE ZUCCHINI**

This unusual French heirloom zucchini was new to the farm in 2014. It's round, with light green speckled skin and dark green stripes. The fruit can be harvested when it is 1-2" across or allowed to grow until large enough to stuff.

# MELONS

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*Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.*



## **DELICIOUS**

The heirloom cantaloupe Delicious 51 has set the standard for flavour and early ripening for over 50 years.

## **FRENCH CHARENTAIS**

Sweet, fragrant, orange fleshed melons with smooth slate blue/green skin. These are true cantaloupe melons and they will ripen even in cooler areas. Each small melon is the perfect size for two servings.

## **SUGAR BABY WATERMELON**

This classic heirloom icebox type melon first appeared on the market back in 1959. Sugar Baby melon seeds produce watermelons that have a thin, hard rind with distinct stripes that become almost black at maturity. The flesh is firm, sweet, almost orange-red, with small, apple-like seeds.

## **EARLY MOONBEAM WATERMELON**

Delicious, sweet, yellow-fleshed watermelon. 3-8 lb fruit have attractive, light-green skin with dark-green tiger stripes, which makes them easy to tell apart from the red watermelons. An early maturing variety that is cool weather tolerant, always ripens in our short growing season, and is always sweet.

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# HERBS

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## **GENOVESE**

This is the traditional Italian heirloom variety of basil. It has shiny, large, almond-shaped leaves have a more pronounced flavour, and stores well if chopped and frozen in ice cube trays. Pinch growing tips for bushier plants that grow to 60cm (24") tall. Basil is a heat loving tender annual plant that requires good drainage and ample moisture during hot weather.

## **PURPLE RUFFLES**

This is an improved purple leaf basil chosen for its deep ruffles and decorative serrated leaf margins. It really stands out in salads! Purple Ruffles has a slight clove scent that makes a pungent and colourful herbal vinegar. The taste and stunning purple colour make up for the occasional green plant.

## **SAGE**

The wonderfully aromatic, silvery-green leaves of sage bring a potent savoury accent to stews, soups, salads, and traditional stuffing. Beneficial insects love this plant and hummingbirds will feed from sage flowers.

## **FOREST GREEN PARSLEY**

Plant Forest Green parsley seeds in your organic herb garden. The plants have short, strong stems that support big clusters of highly curled, dark-green leaves. The flavour is distinctly savoury without being bitter.

## **ENGLISH THYME**

This woody little evergreen plant spreads steadily over the years and has pretty pink flowers which bees love. English Thyme plants grows to heights of 30cm (12").

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# LETTUCE

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*These have become a staple in our home. The more we do with the chickens and understanding other animals the less meat we try to eat. Greens and lettuce have great versatility: consider using them for recipes you would never have considered: lettuce soup, kale chips, even arugula pesto - which is always great on pasta by the way.*

## **RED SALAD BOWL LETTUCE**

This vigorous red heirloom variety has bright burgundy leaves with green centres that are great for baby leaf salad mixes. Red Salad Bowl lettuce seeds form big rosettes with the deeply indented leaves that we love in an oak-leaf lettuce. It is slow to bolt, tender, and mild-tasting. The bright red colour is best in cool temperatures.

## **TANGO LETTUCE**

This is a great early spring or late fall leaf lettuce. Similar pale-green color, frilly shape and lofty texture to endive, a popular ingredient in salad mixes, but with much milder flavor. Makes a small, compact head. Harvest early as Tango has a tendency to bolt quickly.

## **SALAD BOWL LETTUCE**

This heirloom lettuce dates back to 1952. Salad Bowl lettuce seeds are a traditional stand-by for salad mixes. These large, lime-green rosettes resist bolting for a long time in summer and do not get bitter. The frilly, deeply cut oakleaf shape has excellent flavour and good texture. They add loft and character to salad mixes. Rapid cool-weather growth makes it a prime candidate for spring cold frame growing. This heirloom lettuce dates back to 1952,

## **AMISH DEER TONGUE**

The unique upright shape with dark green triangular leaves have thin midribs, a lovely texture, a nutty flavour, and cover a crunchy inner heart. Amish Deer Tongue dates back to 1840.

## **TOM THUMB**

Dating back to 1830, this heirloom is the oldest American lettuce still in cultivation, which speaks to its charms. The smallest lettuce of all - a tennis ball-sized Bibb that will fit in the palm of your hand. The small heads have creamy yellow centers with medium green, slightly crumpled wrapper leaves. This variety works well in containers - even window boxes!

## **BERGAMS GREEN**

Great standard greenleaf for the summer. Waldmann type with classy larger frame and dark shiny green leaves. Slow to bolt, strong against tipburn, and resistant to heading. Best suited for summer and fall harvests.

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# GREENS

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## **BLUE CURLED SCOTCH KALE**

Compact plants yield tender, blue-green, crinkled leaves that are quite delicious, very cold hardy.

## **RUSSIAN RED KALE**

Very tender and mild, a pre-1885 heirloom variety. Oak type leaves have a red tinge, and stems are a purplish-red.

## **SWISS CHARD - CANDY CANE**

I was Introduced to this by my Aunt Marry as a kid. Broad, dark green and rich flavour. The plant is both heat and cold-tolerant and both stalks and leaves can be eaten. She would sauté it in Tomato sauce. This variety has a red streaked stock.

## **ARUGULA**

A salad green with a slightly peppery taste that is easy to grow and doesn't mind the cold. I find that if you continue to pick the outside leaves this will continue to produce.

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## **THE NATURE OF FARMING:**

Farming naturally or organically is changeable by its very nature. Our farm is off the grid with little to no electricity and very little in the amount of heating. We heat the greenhouse with wood (I sleep/live in the greenhouse from March to May to keep the fires burning) and a small amount of propane. This means that if we get strange (climate change) weather we can lose a crop or have a seed variety not germinate. We also have limited space. Because of these factors, orders will be filled on a first come basis. We do not use any sprays or chemical fertilizers. When planting and potting up we use a certified organic potting soil and at potting up time we add a small amount of certified organic chicken manure fertilizer. Plants will need a bit of a balanced fertilizer when you plant them. (We will make some of the organic fertilizer we use available)

## **ABOUT THE FARM**

If 2018 was a fail, 2019 was a success and 2020 was about growth, change and balance. For 2021, the primary goal of the farm remains the same: work with nature, while taking care of our little piece of land in our macro effort to do better for the planet. This season, We start the process of moving away from plastic to more natural materials. Someday I may try to grow hemp (you wouldn't believe the government regulations) and make my own pots etc. But for now we will start by using longer term produces and coconut core and paper based pots. Continue to employ our few birds to help with bug control and light tillage and land clearing. Work to find the balance with our resident bugs, birds and bunnies, as each has its purpose and place.

We will be opening the farm a few days a week for people to stop by and get some produce. We will also let those who are interested in our event days – Planting Day, Harvest Day etc. We are also considering a monthly Sunday dinner event to offer our supporters the opportunity to come out and spend the day on the farm and then gather around the table for a shared meal.

Overall, the goal is to create a place of balance, learning, and the sharing of ideas.

If you were to ask: “What is Cedar Hedge Farm?”  
it's where I grow, learn and find balance

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**To order** send completed form or e-mail a list with your contact information to [chris@cedarhedgefarm.ca](mailto:chris@cedarhedgefarm.ca)

## Vegetable Seeding Order form

Flowers, Tomatoes, Peppers, Eggplant, Cucumbers, Squash, Melons and Special section, will be sold/delivered as single plants.

**Single Plants \$4.00 each or 3 for \$10.00**

SINGLE PLANTS	QTY
<b>FLOWERS</b>	
PERSIAN CARPET ZINNIA	
NASTURTIUM	
MEXICAN TORCH	
OLD-FASHIONED VINING PETUNIA	
MARIGOLD	
<b>TOMATOES - CHERRY</b>	
SNOWWHITE CHERRY	
GOLDEN CHERRY	
SWEET ORANGE CHERRY	
PURPLE BUMBLEBEE	
SUNRISE BUMBLEBEE	
CHADWICK CHERRY	
BLUE BERRIES RED	
BLUE BERRIES CREAM	
PETIE MOINEAU	
BLACK CHERRY	
TONODOSE DES CONORES	
BRAD'S ATOMIC GRAPE TOMATO	
BROAD RIPPLE YELLOW CURRENT	
<b>TOMATOES - SALAD AND SLICING</b>	
GREEN GAGE	
PINK PING PONG	
GREEN ZEBRA	
WHITE ZEBRA	
VINTAGE WINE	
WHITE POTATO LEAF	
NYAGOUS	
MONEY MAKER	
HARBINGER	
CHARLIE'S RED STAKER	

SINGLE PLANTS	QTY
<b>TOMATOES - LARGE</b>	
MARIZOL GOLD	
ORANGE STRAWBERRY	
CHEROKEE PURPLE	
EARL OF EDGECOMBE	
FEURERWERK	
BOX CAR WILLIE	
BEAR CLAW	
ORANGE RUSSIAN 117	
ITALIAN HEIRLOOM	
<b>TOMATOES - SAUCE</b>	
SAN MARZANO	
<b>PEPPERS - SWEET</b>	
SHEEPNOSE PIMENTO	
ZULU	
LIP STICK	
ORANGE BELL	
LUIGI - FAMILY HEIRLOOM	
CAL WONDER	
SWEET CHOCOLATE	
PURPLE BEAUTY	
STOCKY RED ROASTER	
SHISHITO	
<b>PEPPERS - HOT</b>	
LONG CAYENNE	
EARLY JALAPEÑO	
SCOTCH BONNET	
BLACK HUNGARIAN	
BUENA MULATA	
FATALII	
HABANERO	
PUMA	

SINGLE PLANTS	QTY
<b>EGGPLANT</b>	
BLACK BEAUTY EGGPLANT	
BANCA ROSA EGGPLANT	
LITTLE FINGER EGGPLANT	
CASPER EGGPLANT	
PINGTUNG	
<b>SPECIAL</b>	
AUNT MOLLY GROUND CHERRY	
TOMATILLO	
LUFFA GOURD	
<b>SQUASH - SUMMER</b>	
VEGETABLE MARROW	
GOLDEN ZUCCHINI	
DARK GREEN ZUCCHINI	
RONDE DE NICE ZUCCHINI	
<b>SQUASH - WINTER</b>	
BUTTERNUT SQUASH	
ACORN SQUASH	
SMALL SUGAR PUMPKIN	
<b>MELONS</b>	
FRENCH CHARENTAIS	
DELICIOUS	
SUGAR BABY WATERMELON	
EARLY MOONBEAM WATERMELON	
<b>CUCUMBER</b>	
MARKETMORE 76 CUCUMBER	
LEMON CUCUMBER	
SHINTOKIWA CUCUMBER	
TELEGRAPH IMPROVED	
<b>HERBS</b>	
GENOVESE BASIL	
PURPLE RUFFLES BASIL	
SAGE	
FOREST GREEN PARSLEY	
ENGLISH THYME	

## Flowers - Lettuce - Greens

Flowers below and the Lettuce and Greens are sold in 4 packs.

**One 4-cell pack is \$6 each**

4 PACKS	QTY
<b>FLOWERS</b>	
SNAPDRAGONS - RAINBOW MIX	
SWISS GIANT PANSIE MIX	
MARIGOLDS	
TANSY	
SNOW CLOTH	
<b>LETTUCE</b>	
RED SALAD BOWL LETTUCE	
TANGO LETTUCE	
SALAD BOWL LETTUCE	
AMISH DEER TONGUE	
TOM THUMB	
BERGAMS GREEN	
<b>GREENS</b>	
BLUE CURLED SCOTCH KALE	
RUSSIAN RED KALE	
SWISS CHARD - CANDY CANE	
ARUGULA	

if the COVID issue continues and the Farmers Markets do not open we will do home deliveries or local pick up times at select locations. When the markets do open and social distancing is relaxed we hope to see you there.

NAME

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E-MAIL

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PHONE

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ADDRESS

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POSTAL CODE

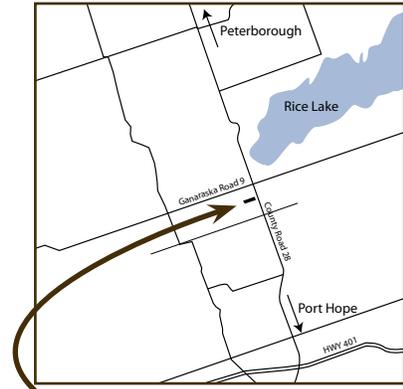
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**PICK-UP & DELIVERY:** If pick-ups are available they will be at the Farm, Cobourg Farmers' Market, East Lynn Park Farmers' Market and Peterborough Wednesday Farmers' Market

Deliveries will be done on the week of May 9th or May 16th depending on area. **NOTE day of the week TBD**

Please note that we do not force our plants but grow them so they are ready to plant out at the proper time. Please let me know which delivery date you would prefer.

Follow us on Facebook and Instagram to keep up with all that's happening on the farm.



**Cedar Hedge Farm**

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Ontario, L0A 1B0  
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