

CEDAR HEDGE Farm

2020 Annual

Vegetable Seeding Catalogue



FLOWERS

Having flower seedlings available is new for us this year. We have grown a few flowers in the past to use as companion plantings but this will be the first year that they make it into the catalogue in any volume. Most if not all are pollinator friendly and as an off the grid eco friendly farm you never have to worry about neonics (neonicotinoid) when you're buying from a small organic farm such as ours.



1 ASTER-CHINA GIANT PERFECTION MIX
Beautiful, long-lasting cut flowers, an old-fashioned favorite. Peony-type, extra-large flowers that are great for cutting. This formula mix has all the best colors. This variety is popular with home and market growers.

asters are a valuable late-season source of pollen for bees and nectar for bees and butterflies

2 SNAPDRAGONS - RAINBOW MIX
Are a beautiful, traditional garden favourite that have been selected for their colour richness: from the palest to the deepest pinks, coral, blood-red, and yellow. Expect some bi-coloured flowers as well. The 60cm (24") tall stems make superb, long lasting cut flowers, and bring an intense burst of colour into flower arrangements. The stems of this old fashioned mix are sturdy, with very upright growth and uniform flowering.

Bee and insect pollination

SWISS GIANT PANSIE MIX SOLD OUT
The classic heirloom Swiss Giants Mix Pansy seeds blend has single colours with blotched faces and some bicolours, with flowers held high above the leaves. Technically a perennial, this plant is usually grown as a cold hardy annual that will bloom in mild climates from October through to May from a late summer sowing. Swiss Giant Pansies grow to about 20cm (8") tall, with a really beautiful range of warm colours and markings that seem to lend the flowers even more personality.

NASTURTIIUM SOLD OUT
This is an easy-to-grow compact nasturtium for gardens and planters. Jewel Mix produces colourful double blooms of light yellow, orange and deep red. A hardy annual, Jewel Mix will flower all summer long in full sun or partial shade. The bright flowers produced by Jewel Mix nasturtium seeds are held well above the foliage for an impressive colour display. Even before the plants bloom, the foliage is very decorative. The edible flowers can be torn over salads to add colour to summer meals.

Nasturtiums are known to be attractive to bumblebees as a source of both pollen and nectar

MARIGOLDS **SOLD OUT**

As a companion plant, Sparky Mix marigolds are the variety that will suppress 'bad' nematodes in your soil. Be sure to plant around the vegetable garden! They can also be used as a cover crop for weed suppression. Plant these marigold seeds in full sun, and deadhead (remove spent flowers) to prolong the bloom period. *Marigolds and other plants draw beneficial insects that prey on pests or pollinate crops*

MEXICAN TORCH

Mexican Torch seeds produce exceedingly bright orange flowers atop massive plants that grow to 1.8m (6') in just a few months. Tithonia does not produce edible flowers, and is not a true sunflower. Grown in large containers (3-5 gallons minimum), plants will stay more compact, growing only to 60cm (24") tall. Tithonia is highly attractive to pollinators, including hummingbirds, and looks great when planted in big clumps or rows. The seeds are easy to collect and dry for future planting, and the massive stalks from the plants can be used for trellising peas or pole beans the following year. *From personal experience - We have planted these for pollinators and the monarch seems to love them*

PURPLE TANSY

Pale, mauve-blue, fragrant flowers unfold like ferns at the top of long leafy stems and attracts bees from miles around. The delicate, lacy foliage bears a resemblance to yarrow. It fits in the vegetable garden as a cover crop or in a garden bed for quirky purple flowers. Direct sow Purple Tansy seeds at three week intervals from April to June and expect a staggered, much extended bloom period. Phacelia grows to 60cm (24") in full sun or part shade. Phacelia is such lure for pollinators. It's a good companion plant for any of the Cucurbits - cucumbers, melons, and squashes.

OLD-FASHIONED VINING PETUNIA

(Petunia multiflora) Annual. This lovely heirloom petunia offers a variety of colour and, unlike most modern hybrids, is wonderfully fragrant! Continual blooms range from white to deep violet and vining stems may reach 3ft. Great for hanging baskets or planted for edging in the garden.

This little catalogue is some of the seedlings we will have for you to plant in your garden. This year due to the COVID issues we have included some of the varieties that we would normally only have at the Farmers Markets or at the Farm. These are varieties that are in short supply or need a but more description than we can provide here.

With limited space in the greenhouse we can only grow so much. To make sure you get the heritage plants you want, order early.

NOTE: if the COVID issue continues we will be doing home deliveries and all orders are filled on a first come bases

We started the Farm in 2013 by buying a field and putting up a little greenhouse. That first greenhouse is gone (a long by-law story) but still lives on in some of the other buildings. We started this catalogue as a list for friends of extra plants. We now plant extra for the farmers market we attend and have had people disappoint because they couldn't get what they want (from what we grow) so that group that gave us there e-mail address will now be able to get access before we get to market.

TOMATOES

Cherry

Tomatoes let me count the varieties... there are literally 100's of heirloom and open pollinated tomato plants. This year for the first time we have collected some of our won seed. We will be growing over 30 varieties; some we keep and some we move on from for a variety of reasons. With that many varieties we have divided them up into basic categories.



SNOWWHITE CHERRY

A delicious light yellow to ivory cherry tomato. Snowwhite Cherry is very productive and produces buckets of sweet cherry tomatoes all summer long. Snowwhite Cherry looks great mixed with Black Cherry Tomatoes! A must have.

GOLDEN CHERRY

Golden Cherry is a very productive, bushy cherrytomato variety that needs a sturdy support to thrive. The little round, cherry-sized tomatoes ripen from green to yellow and in the end turn golden-yellow. The fruits have a delicious, sweet flavour and a thin skin.

GARDENERS DELIGHT SOLD OUT

Gardeners Delight tomato Aka Sugar Lump. This is one of the parents of the popular hybrid Sweet 100. Productive plants are covered in clusters of deep red, 2.5 cm, crack resistant cherries. Great flavour will have you coming back for more as it will continue to bear fruit until frost. Great in containers, greenhouses, in the home garden, or in the field. indeterminate.

PURPLE BUMBLEBEE

Super cute cherry tomatoes with red skins and purple stripes. The sweet round fruits have excellent flavour and grow to a uniform 4cm (1.5") across. They hang in long trusses from tall indeterminate vines.

SUNRISE BUMBLEBEE

Sunrise has orange skins that are streaked with bright gold and a sweet flavour. The texture is succulent and the small cherry fruits are resistant to cracking. The Bumble Bee series will work in a 5 gallon (or larger) container. Keep the vines well picked so they produce right through late summer. Provide strong support for the vigorous plants to lean on.

CHADWICK CHERRY

We have been growing these since 2013. These tomatoes are sweet, juicy and prolific. I find the (1.5") round fruits to be a medium to large cherry tomatoes. Popping them in your mouth while picking will happen but there will still be lots for salads.

BLUE BERRIES RED

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich brick-red where exposed to the sun and purple where shaded. With a mild, sweet taste.

BLUE BERRIES YELLOW

The blue-green vines are covered elongated clusters of cherry tomatoes that are a deep blue-purple when immature and ripen to a rich Yellow where exposed to the sun and purple where shaded. With a mild, sweet taste

PETIE MOINEAU

A red currant type tomato with clusters of tiny red fruit that are very sweet. This precious little gem has been cultivated in the Chateau-guay region of Quebec since at least the 1950

BLACK CHERRY

Black Cherry tomato seeds produce hardy, vigorous vines loaded with gorgeous purple to mahogany brown cherry tomatoes 2.5 cm (1") round. Enjoy prolific yields all season long! Rich, juicy cherry tomatoes with wonderfully complex, sweet flavour and firm texture. The little fruits of this variety look exotic and taste irresistibly delicious. A great snacking tomato, excellent in bruschetta.

YELLOW PEAR

Yellow Pear Heirloom Cherry Tomatoes are an old time cherry tomato. Its yellow, pear shaped fruit are sweet with a creamy texture.

TONODOSE DES CONORES

A rare and endangered heirloom cherry tomato from France. Bright red fruit have an orange tinge inside and a long, strong, lingering flavour.

BRAD'S ATOMIC GRAPE TOMATO

Elongated, large cherries in clusters. The color (and flavor!) is a full-blown assault on the senses—lavender and purple stripes, turning to technicolor olive-green, red, and brown/blue stripes when fully ripe. Olive green interior is blushed with red when dead-ripe. Crack-resistant fruit is extraordinarily sweet! These range some in size from a large grape to plum-sized.



BROAD RIPPLE YELLOW CURRANT

We`re love this variety and are hoping to be able to offer it again this year. Our supplier closed but luckily I had a few in the freezer and I hope I was able to recover the seeds. Discovered in the early 1900's, this delightful, bright yellow cherry tomato was originally found growing in a crack in a street in Broad Ripple, Indiana. I find this is a great producer even in the worst conditions, we normally grow bush style plants but I know there are great on trellis or in container. The small tomatoes are great right off the plant, little yellow drops of sweet sunshine, it's a good thing they are such a strong producer as I eat so many right in the field.



TOMATOES

Salad and Small Slicing —



GREEN GAGE

Named after the green gage plum, we grew them for the first time in 2014. About the size of a plum and sweet. As with other yellow tomatoes they seem to be less acidic.

FEURERWERK – RED ZEBRA

This tomato comes from Germany and translates to “firework”. It has a very interesting appearance, with orange, gold, silver, and red stripes exploding together like fireworks. The flavor is fruity and tart. A good choice if you would like to try something new.

VINTAGE WINE

The large fruit is an elegant pastel pink with gold striping on the skin. A perfect blend of gourmet flavor and good keeping quality makes this potato leaf variety a top for home gardeners and market farmers alike!



PINK PING PONG

An large heirloom cherry tomato originally collected by Andrew Rahart who collected many heirloom varieties from ethnic groups just north of New York City. The unique colored pink fruit are about the size of a pink pong ball and are great for snacking or adding to salad. Indeterminate, regular leaf foliage.



GREEN ZEBRA

This tomato is named for its shades of yellow & green, with darker green stripes. The flavour is a sweet yet tart balance of sugar and acid. A mid sized tomato that I found great for slicing, salads and cooking.

MONEY MAKER

This old English heirloom greenhouse tomato was bred by the F Stoner See Company and released in 1913. It has a uniform set of 4-5 oz round red tomatoes in small clusters with good taste. Although originally developed for greenhouse culture it has done well for me outside in the garden too.



MORTGAGE LIFTER

Large, smooth, 1-lb pink fruit has a delicious, rich, sweet taste. This variety has become very popular in recent years and was developed by M.C. Byles of Logan, West Virginia. After crossing varieties for 6 years and selecting the best, he introduced this beauty that he named Mortgage Lifter in the 1940s, after he sold plants for \$1 each and paid off the \$6000 mortgage on his house.

WHITE POTATO LEAF

White Potato Leaf is a very nice creamy white tomato with 3-6 oz fruit that is also very productive. A nice addition to salad. Indeterminate, potato leaf foliage.

NYAGOUS

A Russian heirloom with dark colored 6 oz fruit usually born in clusters. This is one of the best “black” tomatoes for markets. The fruit are blemish free and have good flavor. Indeterminate, regular leaf foliage.

GARDEN PEACH

A unique heirloom tomato, the small, velvety-skinned (fuzzy) 2-3 oz. fruits have rich full flavor with very low acid. The vines produce 3-4” round fruits with peachy-yellow skin and flesh woven with hints of red throughout.



Don't have space to grow all your own food?

We have a self directed Box Program. This means our farm is your Garden. Simply: each week we tell you what is ready and you tell us what you want.

Want more info about the program talk to the farmer Hey that me, drop me a note at Chris@cedarhedgefarm.ca and I be happy to explain how it works.

P.S. There are some things that we only grow for our Members.



TOMATOES

Large Slicing



MARIZOL GOLD

This is a beautiful family heirloom produces Huge, 1-2 lb fruits are golden yellow streaked with red throughout and are very sweet. Our grower loves them for roasting and creating a beautiful golden tomato sauce. The yield is quite good for a large tomato.

ORANGE STRAWBERRY

Brilliant orange, ox- heart fruits that's almost perfect heart shape. The flavor of the meaty fruits is robust, complex and surprisingly tart for an orange variety. Few seeds and solid flesh make this variety good for canning or sauce.



CHEROKEE PURPLE

Seed was originally grown by the Cherokee Indians, this wonderful heirloom is more than 100 years old. The seed for Cherokee Purple was sent to Craig LeHoullier by John D. Green of Sevierville, Tennessee. John D. Green received the seed from a lady who obtained them from her neighbor who claimed that they were originally grown by the Cherokee Indians. The fruit of Cherokee Purple is a dark purplish pink color and often has green shoulders. The large fruit average 12 oz and are delicious.

EARL OF EDGECOMBE

This heirloom from New Zealand is one of the best tasting full size orange tomatoes we've grown. The flavour is rich, sweet and tart all at once. The texture is smooth and meaty. Fruits are uniformly round, blemish free and resistant to cracking and blossom end rot. This is an English heirloom dating back to the seventh earl of Edgecombe. When the 6th earl of Edgecombe died the next in line was a sheep farmer in New Zealand. When he returned to claim the title, this tomato traveled with him. Indeterminate.

BOX CAR WILLIE

A really nice mid to large tomato with an old fashioned taste. Red fruit average about 1 lb and are quite blemish free. Great for tomato sandwiches! This is one we have grown to love we looked at the name in the seed catalogue for a couple of years before we started growing this but we are sure glad we did.



BEAR CLAW

This is one of the new varieties - Somewhat flattened these huge tomatoes are pink inside and have a old-timey, strong tomato taste with low acid. A great tomato for sandwiches, with just one slice of tomato needed! Large fruit appear fairly early in the season, and then the fruit keeps coming larger and larger. They finally get so large that the branches droop even with only one fruit on it!



Sauce

SAN MARZANO

This rare heirloom is famous for its incredible flavour. The lobed fruits look like long, blocky red peppers with firm pulp and thick skins. They are perfect for canning or making pastes and sauces. The vines are vigorous and indeterminate, with excellent disease resistance. The fruits also keep for ages due to their low water content.

SUPER ITALIAN PASTE

An Italian heirloom paste tomato which produces an abundant amount of reddish orange, 15 cm (6"), elongated, firm tomatoes that average about 283 g (10 ounce) each. The flesh is thick with very little juice and few seeds. These fruits hold well after ripening.

PEPPERS

Sweet

Ahh peppers! Another vegetable that I grew up helping them grow. One of the big surprises for me was cross pollination. The seed is the fertilized egg in most cases the seed won't affect the flavour of the current fruit. The fruit/flesh is really just a casing to help the seed to make/protect the new plant. With peppers, when you get cross pollination between Hot and Sweet the seeds of the fruit on a sweet pepper plant can be hot. Ideally pepper plants need to be 50 feet apart to make sure you don't get cross pollination.



SHEEPNOSE PIMENTO

Gorgeous cheese-type sweet pepper, ripening from green to red. The fruit is round, oblate, and stylishly ribbed—so pretty in the garden or on your table! Thick walled, crisp and juicy fruits keep an extraordinarily long time when refrigerated. I remember my mother using these when we made tomato sauce. I find them very nice fresh and they can also be made into a pimento pepper sauce.

ZULU

I always like to try new things. This one from Baker Creek “This impressively ‘eggplant black’ colored bell pepper is crisp with thin flesh. It has an amazing piquant aftertaste of spicy zip minus the nip of a hot pepper, and this sweet pepper is sure to please even the toughest critic! Zulu pepper would be a great addition to salsa and salads. A beautiful pepper from Poland.”

LIP STICK SOLD OUT

This pepper came to us as a gift from the seed company in 2019. The results were so good we have put it into our annual list. A delicious pepper with 4-inch long tapered, pimiento type fruit that is super sweet. This fine pepper is early and ripens well in the North. A flavorful favorite with thick, red flesh.

ORANGE BELL

This is new for us this year. We have had request for coloured bell peppers. The seed catalogue says “Super sweet, brilliant orange fruit is blocky and good-sized with thick flesh that is flavorful and among the best tasting of all peppers. Plants produce large yields of this most magnificent pepper.” we will see...

LUIGI - FAMILY HEIRLOOM

a family heirloom. The family calls them Luigi pepper. They are similar to a cubanelle/Shepard. The story behind these is that my Grandmother's (Mumma as I knew her) nephew Luigi brought the seeds over from Italy to my grandfather (Papa) in the early 1950. I'm looking forward to carrying on this family tradition. The plant produce a good number of 6-7 inch long blocky light green peppers that will turn red. Great for stuffing or slicing into a salad.

RED BULLS HORN

A sweet Italian HEIRLOOM and a favorite for frying, Red Bulls Horn Pepper Seeds are an excellent producer on the Coast. The 45cm plant produces loads of fat, conical 10-13cm peppers curved in the shape of a bull's horn. They ripen to a deep red late in summer or can be harvested green. As they ripen to red, the flavour becomes much sweeter and mellower. Try planting some Red Bulls Horn pepper seeds in a five gallon patio container – your plants will respond well to the extra heat by producing more fruit.

SWEET CHOCOLATE

Rich, chocolate-brown pepper, the flesh is cola-red color, very sweet and delicious. The medium-sized semi-bell-shaped fruit ripens very early, making this variety perfect for our climate Great in salads.

PURPLE BEAUTY

A compact, bushy plants with thick protective foliage. The fruits begin to form mid-summer, starting as big, blocky, meaty three to four lobed green bell peppers, before maturing to an astonishing bright purple colour. Purple Beauty was grown out from the original hybrid Purple Belle, and now produces open pollinated seeds for seed saving and home seed production. The flavour of these remarkable fruits is mild, sweet, and succulent, with a fine, crispy texture. The cut fruits look absolutely spectacular mixed with yellow or orange peppers, so they belong in every foodie's garden.

STOCKY RED ROASTER

from Hawthorn Farm Organic seeds Rich red Italian pepper with sweet flavour and thick flesh. Perfect for roasting and quite easy to peel afterwards. This beauty is the genius of Frank Morton at Wild Garden Seeds. Frank selected for straight uncrumpled sides, smooth skin, thick walls and deep colour and the result is high yields and great quality. Strong plants bear a heavy crop of 15 to 18 cm long tapered fruits that are 7-8 cm at the shoulder. It is the last pepper to ripen in our zone 5 fields and we look forward to it for end of summer roasted pepper and caper salads.



SHISHITO

They may be the perfect bite-sized pepper for blistering under the broiler and serving with a sauce. The 60cm (24") tall plants produced buckets of slender, mild peppers in our field trials. And they kept producing into October. Tasty at the green stage, it matures first to orange and then to deep red when its sugars are the highest. Its thin walls make it ideal for tempura or roasting. We like to call them the Russian roulette of peppers as 1 in 8 are hot – not as hot as a jalapeno but hot enough

PEPPERS

Hot



LONG CAYENNE

Traditional long, thin Cayenne pepper that turns from green to red when mature. Can be dried or used fresh. I grew up with these hanging dried in the kitchen, using them for spicing up tomato sauce and occasionally fresh on pizza.

EARLY JALAPEÑO

Jalapeno M Pepper Seeds produce pungent, thick-walled and juicy dark green peppers that are 8cm (3") long and about 2cm (1") wide with a blunt end. On the coast, fruits set well on mid-sized plants 60-90cm (24-36") tall. If there are still green peppers on the plant at the end of the season, pull up the whole plant and hang in a dry spot for it to finish ripening to red. Use green peppers for fresh eating, pickling, and sauces, and dry the red ones. 2,000 – 5,000 SHU's. Jalapeno M works well in three to five gallon containers, and is suitable for patio growing.

SCOTCH BONNET

SPICY HOT! Capsicum chinense. So named because of its resemblance to a Tam o' Shanter Scottish cap, this little pepper packs a rather powerful kick. Scotch Bonnet pepper seeds produce the brightly coloured chile peppers that are widely used in Jamaican and other Caribbean cooking, and have a flavour profile that is quite distinct from its close cousin the Habanero. If you want the traditional flavour of jerk paste, you have to use Scotch Bonnets. Give this variety a little extra time to mature and as much heat as possible. 150,000 – 325,000 SHUs. Plants may overwinter if protected, and can produce as perennials for a few years.

BLACK HUNGARIAN

(70 - 80 days) A beautiful Hungarian heirloom that is highly ornamental, with its purple-veined foliage, purple flowers and 3-4" fruits that start out black and ripen to red. Plants grow to 36". Medium-hot, great flavour. I like these both for their colour and flavour, as a medium hot pepper, there a great addition to a give a salad a little kick.

THAI DRAGON

1-3" long, red or dark red chile. The Thai Dragon is very hot, being beaten in spiciness by only a handful of peppers. Plants generally grow to 1-2 ft high and can produce up to 200 chiles in a single season. Having an excellent flavor, the Thai Dragon is a common ingredient in many Asian dishes.

FATALII

The Fatalii is a cultivar of the chilli pepper *Capsicum chinense* developed in southern or central Africa from chilies introduced from the Americas. It is described as having a fruity, citrus flavor with a searing heat comparable to the habanero, to which it is related and from which it may have derived. Scoville scale: 125,000–325,000 SHU

HABANERO

is a hot variety of chili pepper. Unripe habaneros are green, and they color as they mature. These ripen to red, with the fruit being 2–6 cm (0.8–2.4 in) long. Habanero chilis are very hot, rated 100,000–350,000 on the Scoville scale.[2] The habanero's heat, flavor and floral aroma make it a popular ingredient in hot sauces and other spicy foods.

THE MYSTERY PEPPER

Ok this is a little strange. Last year we seeded and planted a stocky Sheppard like pepper. When we tried it, it was hot thinking it was a cross we tried one from each plant they were all hot. It was definitely not what we ordered or what the package said. It's not an intense heat just a nice bite. The peppers grow to about 6 inch long and have a 2 inch shoulder with a nice stocky tick flesh. So how do we have it this year well we liked the pepper so we collected some of the seed it will be interesting to see what we get this year.

THE NATURE OF FARMING:

Farming natural/organic can be changing. Our farm is off the grid with little to no electricity and very little in the amount of heating. We heat the greenhouse with wood (I sleep/live in the greenhouse from March to May to keep the fires burning) and a small amount of propane. This means that if we get strange (climate change) weather we can loose a crop or have a seed variety not germinate. We also have limited space for both these reason orders will be filled in a first come basis. We do not use any sprays or chemical fertilizers. When planting and potting up we use a certified organic potting soil and at potting up time we add a small amount of certified organic chicken manure fertilizer. Plants will need a bit of a balanced fertilizer when you plant them. (We will make some of the organic fertilizer we use available)

EGG PLANT

Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.



BLACK BEAUTY EGGPLANT

A Deep purple variety that produces larger fruits. This is the standard style you will find in the local grocery store. This has a wonderful favour and store well. This plant will produce well if picked regularly.

BANCA ROSA EGGPLANT

A beautiful Italian heirloom, this variety produces rounded, lavender/white fruit that is very meaty with a nice mild flavour and no bitterness. Pick when 6-8”.

LITTLE FINGER EGGPLANT

This delightful eggplant produces an abundant amount of slim, dark purple fruit in clusters of three or more. They can be harvested when no longer than your little finger (hence the name) or they can be left to grow to 6-8” with no sacrifice in taste. These are great for stir-frying or grilling.

CASPER EGGPLANT

Medium size, very attractive, smooth ivory-white fruit that have a very mild mushroom-like flavor. Prolific plant. Fruit ripens early. An excellent variety for specialty growers and gardeners.

TURKISH ORANGE

The stocky plants burst with bright orange orbs, making this variety suitable for ornamental gardening. Red and orange eggplants are said to have originated in Africa, and they have long been appreciated as a healthful delicacy. The fruit starts out green and eventually turns a gorgeous red-orange with intriguing, two-toned green striping. The sweet, yellow flesh is not bitter when harvested young. It’s a perfect stuffing eggplant!

PINGTUNG

Long, slender Asian-type eggplant has shiny lavender skin that is so tender it doesn’t require peeling. The creamy flesh has good flavour and is mild, rarely bitter. Plants are heavy producers of 30 cm. long and 3-4 cm. diameter fruits. Our 2010 crop outproduced any other eggplant we have grown. Named for its city of origin, Pingtung, in Taiwan.

SPECIAL

TOMATILLO

Purple Tomatillo - A rare tomatillo that turns purple when ripe. The purple types are sweeter than green tomatillos. The small tomato like fruit are enclosed in a papery husk that is easy to remove prior to cooking. The purple fruit store very well after harvest. Used in traditional Mexican salsas. Delicious.

TOMA VERDE

A must-have for salsa and great roasted in Mexican style dishes. In 2015 we made our first batch of Tomatillo salsa and it has become a staple around the house. The green fruit will split the husk when it's ready to pick.



AUNT MOLLY GROUND CHERRY

This is becoming a staple at the farm, it's a great producer and the fruit is sweet and flavourful. It's an interesting fruit that proves the benefits of ripening on the vine. When this little fruit is ready it's husk will turn a white/bage and fall off the plant, then you just gently lift the plant and pull out the little padio lanterns if you pick it green well it tastes like you picked it green. It's great in salads, in desserts, on it's own, or in pre-serves

ABOUT THE FARM

If 2018 was a fail, 2019 was a success and 2020 is about growth, change and balance. One of the goals of the farm is to work with nature, but not to only take care of our little piece of land but to do better for the planet. We are starting the process of moving away from plastic to more natural materials. Some day I may try to grow hemp (you wouldn't believe the government regulations) and make my own pots etc. But for now we will start by using longer term produces and coconut core pots. Employing our few birds to help with bug control and light tillage and land clearing. To find the balance with the bugs, birds and bunnies as each has its purpose and place.

We will be opening the farm a few days a week for people to stop by and get some veg. We will also let those who are interested about our event days – Planting Day, Harvest Day etc. We are also considering a monthly Sunday dinner event come out and spend the day on the farm and then gather around the table for a meal.

The goal is to create a place of balance, learning, and sharing of ideas.

If you were to ask: “What is cedar hedge farm?”

Answer: it's where I grow, fail and succeed

SQUASH

Summer

The cucurbit family is one I will always fondly remember. There is nothing like just picking a cuc off the plant brushing the dirt off on your shirt and biting in. I remember a time as a kid (I hope Uncle Johnny doesn't read this) my cousins and I spent an afternoon in the field eating watermelon and carving pumpkins – we ate a lot, hey it was a hot day! These can be finicky when it comes to transplanting though so a couple of things to remember: 1. Do your best to not disturb the roots when transplanting and 2. Make sure they get enough water - the soil should be damp but not soaking wet.

VEGETABLE MARROW

It can be picked young when pale green and used like a summer squash. The compact size of the plants will appeal to urban growers, or gardeners with limited space. Plants are prolific and will produce over a long summer season if kept picked. This is the traditional vegetable marrow that is so popular in the UK.

GOLDEN ZUCCHINI **SOLD OUT**

It is a compact bush type plant that is perfect for those with limited space in their gardens. It is a prolific producer of dazzling gold zucchinis that can grow over 10", but are tastiest when eaten at this size or smaller. Frequent harvesting of small fruits encourages more fruit to grow.

COCOZELLE ZUCCHINI **SOLD OUT**

At market people ask me about this Italian heirloom zucchini. It produces large numbers of beautiful fruits that are dark green with light green stripes, great for slicing, frying and on the BBQ.

RONDE DE NICE ZUCCHINI

This unusual French heirloom zucchini was new to the farm in 2014. It's round, with light green speckled skin and dark green stripes. The fruit can be harvested when it is 1-2" across or allowed to grow until large enough to stuff.

SQUASH

Winter

BUTTERNUT SQUASH

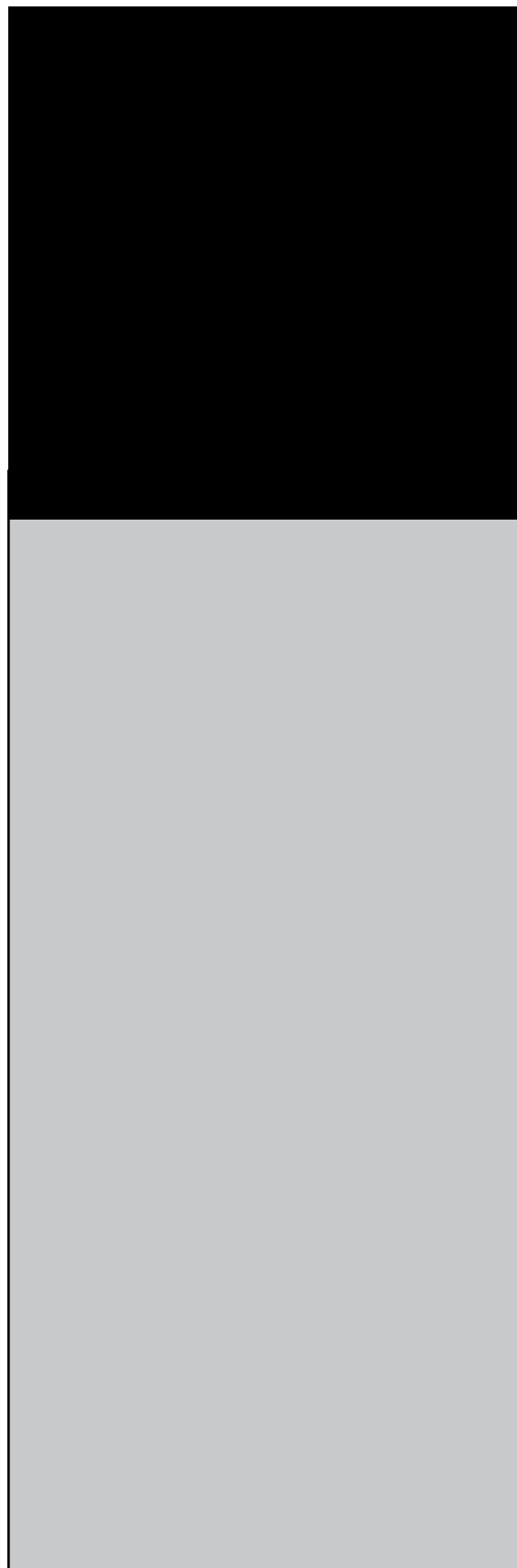
This variety, introduced in 1970, is a heavy producer with 9 - 10" long, buff-coloured fruit. An AAS winner, it has excellent flavour, and stores well.

ACORN SQUASH

This compact bush form of Table Queen acorn squash is great for small spaces. The fruits are small, 1-2 lb., dark green and deeply-ribbed exterior with a golden-yellow interior.

SMALL SUGAR PUMPKIN

An old favourite for canning and making pumpkin pies. Fruits are about 7 lbs, wonderfully sweet. Flesh is fine-grained.



MELONS

Yet another from the night shade family. These have great versatility in the kitchen, each variety has its strengths when cooking. From a simple stir fry to grilling on the BBQ these can add to any meal. And the deep purple fruit looks lovely in the garden.

NOIRE DES CARMES

This sugary melon has rightfully remained a popular choice in France for centuries. This variety was long ago preserved by Carmelite monks in France, at least since the 1800s but likely longer. This round/oblate, slightly ribbed 1.5 to 4-pound fruit has a sweet, juicy orange flesh and was a favorite of the “Maraichers” or vegetable farmers of Paris’ green belt in the 19th century.

DELICIOUS

The heirloom cantaloupe Delicious 51 has set the standard for flavour and early ripening for over 50 years.

FRENCH CHARENTAIS

Sweet, fragrant, orange fleshed melons with smooth slate blue/green skin. These are true cantaloupe melons and they will ripen even in cooler areas. Each small melon is the perfect size for two servings.

SUGAR BABY WATERMELON

This classic heirloom icebox type melon first appeared on the market back in 1959. Sugar Baby melon seeds produce watermelons that have a thin, hard rind with distinct stripes that become almost black at maturity. The flesh is firm, sweet, almost orange-red, with small, apple-like seeds.

CREAM OF SASKATCHEWAN

A beautiful little melon with sweet, tasty, cream-colored flesh! An excellent variety for the North. Fruit around 8-10 lbs each with a striped, green rind. A favorite of those who grow it! An old heirloom. I’m not sure what is better the taste or the look on kids faces when they see it’s yellow inside.

CUCUMBERS

MARKETMORE 76 CUCUMBER

Marketmore 76 cucumber seeds yield a smooth, refined, dark-green slicer with a crisp crunch and sweet flavour (makes great pickles). This is an early maturing cucumber that grows to 20-23cm (8-9") long with slightly shorter vines than other varieties so you can space them more densely and get a higher yield in a small garden.

LEMON CUCUMBER

Round and yellow, this tennis ball-sized cucumber is a perfect serving for one or two people. Lemon cucumber does not have a lemon taste, only color, but has a thin, tender skin with a flavor a little milder than a regular cucumber's. One great advantage to this cuke is that you can eat it all at one sitting.

SHINTOKIWA CUCUMBER

We were really impressed with this long, slender, smooth skinned cucumber from Japan. 24-30 cm fruit are crisp and flavourful with no bitterness. Did I mention productive? Trellis the plants for buckets of really straight fruit or let them sprawl on the ground for what you might call artistic-shaped fruit. Harvest when slender for the best flavor and texture.

GAGON CUCUMBER

This rare Bhutanese cucumber thrives in cool northern climates, but also stands up to intense heat and humidity. When fruit is immature and green, it makes a great cucumber for raw eating or pickling. When mature, it resembles the more common Indian variety 'Poona Kheera', but is darker-skinned, much bigger (up to 20" long in our experience), but still quite tasty. The flesh of the mature fruit is reminiscent of melons, and can be eaten raw, pickled, or turned into a delicious chutney. We grew these last year in a very dry season they did not come

LETTUCE

These have become a staple in our home. The more we do with the chickens and understanding other animals the less meat we try to eat. Greens and lettuce have great versatility things like lettuce soup, kale chips even arugula pesto - which is always great on pasta by the way.

RED SALAD BOWL LETTUCE

This vigorous red heirloom variety has bright burgundy leaves with green centres that are great for baby leaf salad mixes. Red Salad Bowl lettuce seeds form big rosettes with the deeply indented leaves that we love in an oak-leaf lettuce. It is slow to bolt, tender, and mild-tasting. The bright red colour is best in cool temperatures.

TANGO LETTUCE

This is a great early spring or late fall leaf lettuce. Similar pale-green color, frilly shape and lofty texture to endive, a popular ingredient in salad mixes, but with much milder flavor. Makes a small, compact head. Harvest early as Tango has a tendency to bolt quickly.

SALAD BOWL LETTUCE

This heirloom lettuce dates back to 1952. Salad Bowl lettuce seeds are a traditional stand-by for salad mixes. These large, lime-green rosettes resist bolting for a long time in summer and do not get bitter. The frilly, deeply cut oakleaf shape has excellent flavour and good texture. They add loft and character to salad mixes. Rapid cool-weather growth makes it a prime candidate for spring cold frame growing. This heirloom lettuce dates back to 1952,

AMISH DEER TONGUE

The unique upright shape with dark green triangular leaves have thin midribs, a lovely texture, a nutty flavour, and cover a crunchy inner heart. Amish Deer Tongue dates back to 1840.

TOM THUMB

Dating back to 1830, this heirloom is the oldest American lettuce still in cultivation, which speaks to its charms. The smallest lettuce of all - a tennis ball-sized Bibb that will fit in the palm of your hand. The small heads have creamy yellow centers with medium green, slightly crumpled wrapper leaves. This variety works well in containers - even window boxes!

BERGAMS GREEN

Great standard greenleaf for the summer. Waldmann type with classy larger frame and dark shiny green leaves. Slow to bolt, strong against tipburn, and resistant to heading. Best suited for summer and fall harvests.

GREENS

BLUE CURLED SCOTCH KALE

Compact plants yield tender, blue-green, crinkled leaves that are quite delicious, very cold hardy.

RUSSIAN RED KALE

Very tender and mild, a pre-1885 heirloom variety. Oak type leaves have a red tinge, and stems are a purplish-red.

SWISS CHARD - CANDY CANE

I was Introduced to this by my Aunt Marry as a kid. Broad, dark green and rich flavour. The plant is both heat and cold-tolerant and both stalks and leaves can be eaten. She would sauté it in Tomato sauce. This variety has a red streaked stock.

ARUGULA

A salad green with a slightly peppery taste that is easy to grow and doesn't mind the cold. I find that if you continue to pick the outside leaves this will continue to produce.

To order send completed form or e-mail a list with your contact information to chris@cedarhedgefarm.ca

Vegetable Seeding Order form

Flowers, Tomatoes, Peppers, Eggplant, Cucumbers, Squash, Melons and Special section, will be sold/delivered as single plants.

Single Plants \$4.00 each or 3 for \$10.00

SINGLE PLANTS	QTY
FLOWERS	
ASTER-CHINA GIANT PERFECTION	
NASTURTIUM	
MEXICAN TORCH	
OLD-FASHIONED VINING PETUNIA	
TOMATOES - CHERRY	
SNOWWHITE CHERRY	
GOLDEN CHERRY	
GARDENERS DELIGHT	
PURPLE BUMBLEBEE	
SUNRISE BUMBLEBEE	
CHADWICK CHERRY	
BLUE BERRIES RED	
BLUE BERRIES YELLOW	
PETIE MOINEAU	
BLACK CHERRY	
YELLOW PEAR	
TONDOSE DES CONORES	
BRAD'S ATOMIC GRAPE TOMATO	
BROAD RIPPLE YELLOW CURRENT	
TOMATOES - SALAD AND SLICING	
GREEN GAGE	
FEURERWERK - RED ZEBRA	
VINTAGE WINE	
PINK PING PONG	
GREEN ZEBRA	
MONEY MAKER	
MORTGAGE LIFTER	
WHITE POTATO LEAF	
NYAGOUS	
GARDEN PEACH	

SINGLE PLANTS	QTY
TOMATOES - LARGE	
MARIZOL GOLD	
ORANGE STRAWBERRY	
CHEROKEE PURPLE	
EARL OF EDGECOMBE	
BOX CAR WILLIE	
BEAR CLAW	
TOMATOES - SAUCE	
SAN MARZANO	
SUPER ITALIAN PASTE	
PEPPERS - SWEET	
SHEEPNOSE PIMENTO	
ZULU	
LIP STICK	
ORANGE BELL	
LUIGI - FAMILY HEIRLOOM	
RED BULLS HORN	
SWEET CHOCOLATE	
PURPLE BEAUTY	
STOCKY RED ROASTER	
SHISHITO	
PEPPERS - HOT	
LONG CAYENNE	
EARLY JALAPEÑO	
SCOTCH BONNET	
BLACK HUNGARIAN	
THAI DRAGON	
FATALII	
HABANERO	
THE MYSTERY PEPPER	

SINGLE PLANTS		QTY
EGGPLANT		
BLACK BEAUTY EGGPLANT		
BANCA ROSA EGGPLANT		
LITTLE FINGER EGGPLANT		
CASPER EGGPLANT		
TURKISH ORANGE		
PINGTUNG		
SPECIAL		
TOMATILLO		
TOMA VERDE		
AUNT MOLLY GROUND CHERRY		
SQUASH – SUMMER		
VEGETABLE MARROW		
GOLDEN ZUCCHINI		
COCOZELLE ZUCCHINI		
RONDE DE NICE ZUCCHINI		
SQUASH – WINTER		
BUTTERNUT SQUASH		
ACORN SQUASH		
SMALL SUGAR PUMPKIN		
MELONS		
NOIRE DES CARMES		
DELICIOUS		
FRENCH CHARENTAIS		
SUGAR BABY WATERMELON		
CREAM OF SASKATCHEWAN		
CUCUMBER		
MARKETMORE 76 CUCUMBER		
LEMON CUCUMBER		
SHINTOKIWA CUCUMBER		
GAGON CUCUMBER		

Flowers - Lettuce -Greens

Flowers below and the Lettuce and Greens are sold in 4 packs.

One 4-cell pack is \$6 each

4 PACKS		QTY
FLOWERS		
SNAPDRAGONS - RAINBOW MIX		
SWISS GIANT PANSIE MIX		
MARIGOLDS		
PURPLE TANSY		
LETTUCE		
RED SALAD BOWL LETTUCE		
TANGO LETTUCE		
SALAD BOWL LETTUCE		
AMISH DEER TONGUE		
TOM THUMB		
BERGAMS GREEN		
GREENS		
BLUE CURLED SCOTCH KALE		
RUSSIAN RED KALE		
SWISS CHARD - CANDY CANE		
ARUGULA		

Due to the current COVID issues, if the Farmers Markets do not open we will do direct to home deliveries. Additional when the markets do open and social distancing is relaxed if you do not feel safe coming out we will deliver.

NAME

E-MAIL

PHONE

ADDRESS

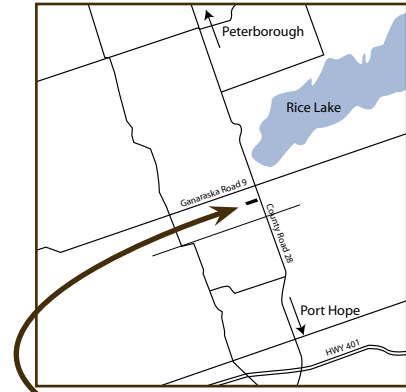
POSTAL CODE

PICK-UP & DELIVERY: If pick-ups are available they will be at the Farm, Cobourg Farmers' Market, East Lynn Park Farmers' Market and Peterborough Wednesday Farmers' Market

Deliveries will be done on the week of May 10th or May 17th depending on area

Please note that we do not force our plants but grow them so they are ready to plant out at the proper time. Please let me know which delivery date you would prefer.

Follow us on Facebook and Instagram to keep up with all that's happening on the farm.



Cedar Hedge Farm

7612 County Rd 28, Campbellcroft,
Ontario, L0A 1B0
www.cedarhedgefarm.ca

